

## **GUIDELINES FOR USE OF THE DEO VOLENTE RETREAT HOUSE**

Val Cummings, Deo Volente Mini-Retreat Scheduler

Welcome to the Deo Volente Retreat House! This house was purchased and is maintained for the purpose of having a quiet, peaceful location in which to spend any amount of time from a day to a week in spiritual meditation and to retreat from the every day world. The house is available for use by any group, including couples as long as a sponsor is in attendance that is a member of Deo Volente. This sponsor is responsible for adhering to the Guidelines and regulations of the house.

Please follow this simple procedure in planning and preparing for your retreat:

- 1) The fee for the retreat is \$30 per night per person. As of January 2012, the retreat leader is also required to pay this fee.
- 2) The Entire amount of the total group fee must be paid 30 days prior to your retreat date. Make checks payable to Deo Volente, Inc. Preferably the deposit and MINI RETREAT REGISTRATION form are mailed together to Deo Volente, PO Box 52, Kitty Hawk, NC 27949. Or your retreat attendees can pay online via Pay-Pal, a link will be included in your confirmation email.
- 3) The sponsor/leader of the group must provide their full name, address and phone number when the retreat is booked.
- 4) MINI RETREAT CAPACITY: As few as one or two people or a maximum of 12 people may attend.
- 5) A complete list of names, addresses and phone numbers of all those attending must be sent to Deo Volente using the enclosed MINI RETREAT REGISTRATION form as soon as possible after booking your retreat date. This list is necessary and should include an emergency contact name & number for each retreatant. Updates or revisions to the list may be made no later than the morning after the leader's arrival at the retreat house.
- 6) Retreats should emphasize the educational and spiritual aspects of recovery.
- 7) Absolutely no alcohol or addictive substances are permitted on the premises.
- 8) The spirit of retreat should be maintained at all times.
- 9) In order to be considerate of all retreatants' serenity, it has been decided that no children under the age of 12 will be permitted to attend retreats. Anyone between the age of 12 and 18 must have a signed permission slip and notarized medical slip from their parent or guardian.
- 10) There are no pets permitted at the house and smoking is not allowed in the house. Smoking is permitted in the basement, on decks, or on DV outdoor grounds only. Please use receptacles provided to dispose of cigarettes. Portable coffee cans containing sand should be carried on property for disposing of unused remainder of cigarette. When observing or accessing the

sound during your retreat, do not use neighbors' docks or ladders without their express permission. DO NOT EMPTY SPENT CIGARETTE CONTAINERS!

11) CANCELLATION POLICY: If it is necessary to cancel a scheduled retreat, please call as soon as possible in order that another retreat can be scheduled. A 72-hour cancellation notice is required for a refund of your paid 50% deposit fee.

12) SUGGESTIONS FOR STRUCTURING A MINI RETREAT and GUIDELINES FOR INCORPORATING CRAFT PROJECTS INTO YOUR MINI-RETREAT are addressed on the reverse of this page.

We know that you will treat this house with love and care, just as you would your own home. This house was intended to be a home away from home for you to use in your recovery. It was bought with donations from Deo Volente members and is cared for by your sister Gulls. We hope you have a wonderful retreat!!

Deo Volente Board of Directors

January, 2015

Suggestions for structuring your Mini-Retreat

Guidelines for to do before you leave from your retreat